

RESERVATIONS NECESSARY IN ADVANCE
AND CANCELLATIONS ARE ESSENTIAL!

PHONE: 997-9019

Marion Senior Citizens Center




DAILY MENUS

September 2020

SUGGESTED DONATION: \$3.50

Diabetic & Cholesterol Avail. w/prior Notice

SERVING - 11:15am to 12:00pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margarine & wheat bread offered when other breads are not specified. Tea, coffee, water & milk offered daily.	Spaghetti & Meatballs 1 Italian Green Beans Garlic Bread Mandarin Splash Cake	Open Face Turkey 2 Mashed Potato Asian Vegetables Creamy Pear Pie	Bar-B-Que Chicken 3 Au-Gratin Potatoes Combination Salad Sliced Peaches	Ham Loaf 4 Baked Sweet Potato Senator Salad 7-Up Dream Dessert
CENTER CLOSED 	Salisbury Steak 8 Cheesy Hash Browns Western Salad Pound Cake w/ Saucy Fruit	Hot Tamale w/Cheese 9 Chili Chips & Salsa Combination Salad Pineapple Pudding	Roast Beef w/ Potatoes & Carrots 10 Caesar Salad Cheddar Biscuit Blueberry Surprise	Loaded Italian Chicken 11 Broccoli-Cauliflower Mix Spinach-Strawberry Salad Lemon Bars
Salmon Patties 14 Fried Green Beans w/ Dipping Sauce Greek Salad Black Forest Brownie	Chicken Salad on Croissant w/Leaf Lettuce 15 Tomato Salad California Blend Veggies Fresh Grapes	Toasted Cheese Ravioli w/ Meat Sauce 16 3-Green Salad Garlic Cheese Bread Pudding Cake w/ Raspberry Topping	Sweet -Sour Chicken 17 Nuggets over Rice Italian Broccoli Salad Strawberry Fruited Jell-O	BirthDay Day 18 Pork Roast w/Mushroom Cream Sauce Garlic Mashed Potatoes Peas & Carrots Rolls Banana Snack Cake
Baked Ham Steak 21 Broccoli & Cheese Casserole Kidney Bean Salad Cran-Apple Square	Chicken Strips 22 Baked Potato Marinated Veggie Salad Fruit Cookies	Philly Beef Steak 23 5-Way Vegetable Mix Romaine Salad Fruit Pumpkin Bread	Corn Beef & Cabbage 24 Blackeye Peas Cornbread Cherry Crumble	Cod Nuggets 25 Macaroni & Tomatoes Creamy Cole Slaw Orange Dreamsicle
Oven Fried Chicken 28 Baked Beans Carrot-Raisin Salad Peach Angel Dessert	Breaded Pork Chop 29 Cheddar-Bacon Potatoes Mixed Squash Taffy Apple Cup	Chicken & Dumplings 30 Green Beans Thunder-Lightening Strawberry Surprise	 HAPPY GRANDPARENTS DAY! <small>©2020</small>	

SENIORS AGE 60 AND OVER ARE WELCOME. JOIN US FOR GOOD FOOD AND FRIENDLY COMPANY!

-11- ALL CONTRIBUTIONS ARE APPRECIATED. PLEASE GIVE WHAT YOU CAN AFFORD. -12-