

RESERVATIONS NECESSARY IN ADVANCE
AND CANCELLATIONS ARE ESSENTIAL!

PHONE: 997-9019

Marion Senior Citizens Center




DAILY MENUS

September 2019

SUGGESTED DONATION: \$3.50

Diabetic & Cholesterol Avail. w/prior Notice

SERVING - 11:15am to 12:00pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLOSED IN HONOR OF LABOR DAY !!	French Dip Potato Wedges Veggies w/Dip Raspberries & Sherbet	Baked Mostaccioli Garlic Bread Whole Green Beans Romaine Salad Apple Pie	BBQ Pork Steak Sweet Potatoes 3-Bean Salad Oatmeal-Raisin Bar	Sweet & Sour Meatballs Over Rice Broccoli-Cauliflower Medley Peaches Texas Sheet Cake
Turkey & Swiss on a Roll Potato Soup Lettuce/Tomato/Pickle Spear Pineapple Rings & Cherries	Salisbury Steak Black - Eyed Peas Strawberry-Spinach Salad Fruited Jell-O	Chicken & Dumplings Steamed Broccoli Florets Kidney Bean Salad Scalloped Apples	Chopped Steak w/Sauté Onions Ranch Potatoes Garden Salad Cherry Cobbler	Glazed Salmon Pattie Large Butter Beans Combination Salad Golden Pineapple Delight
Smoked Sausage w/Steamed Cabbage Pinto Beans Corn Bread Waldorf-Snicker Apples	Meat Loaf Baked Potato w/butter-sour cream Tomato Cucumber Salad Fluffy Pistachio Dessert	Chicken Tenders Cheesy Hash Browns Asian Salad Sliced Pears	Pulled Pork Sandwich Crispura Fries Vinegar & Oil Slaw Angel Food Cake Delight	<i>Birthday Day</i> Sliced Roast Beef Creamy Mashed Potatoes w/Gravy Seasoned Green Beans Italian Cream Cake w/Fruit
Chicken Fillet Sweet Potato Wedges Marinated Veggie Salad Roasted Cran-Maple Pears	Ham & Beans Mixed Greens Pickled Beets Corn Bread Sliced Peaches	Roasted Turkey w/ Stuffing Italian Green Beans Layered Salad Chocolate-Banana Pudding	Beef Stroganoff Buttered Carrots Chow Mein Salad Rhubarb Pie	Catfish w/Hush Puppies Sliced Onions Fried Potatoes w/Okra Slaw Hawaiian Fruit Salad
Country Fried Steak Smashed Potato w/ Gravy Cucumber & Onions Butter Toffee Cookie				<div style="border: 1px solid black; padding: 5px;"> Margarine & wheat bread offered when other breads are not specified. Tea, coffee, water & milk offered daily. </div>

SENIORS AGE 60 AND OVER ARE WELCOME. JOIN US FOR GOOD FOOD AND FRIENDLY COMPANY!

-11- ALL CONTRIBUTIONS ARE APPRECIATED. PLEASE GIVE WHAT YOU CAN AFFORD. -12-