

RESERVATIONS NECESSARY IN ADVANCE
AND CANCELLATIONS ARE ESSENTIAL!

Marion Senior Citizens Center

DAILY MENUS




AUGUST 2019

SUGGESTED DONATION: \$3.50

Diabetic & Cholesterol Avail. w/prior Notice

PHONE: 997-9019

SERVING - 11:15am to 12:00pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Margarine & wheat bread offered when other breads are not specified. Tea, coffee, water & milk offered daily.		Taco Salad 1 Cauliflower Pimento Chips & Salsa Tangy Fruit	Italian Chicken Breast 2 / Provolone Peas & Carrots Spinach Salad Cherry Pie w/Whip Topping
Bratwurst w/Caramelized Onions 5 Loaded Cauliflower Greek Salad Quartered Fruit w/Cookie	Beef Brisket 6 Scalloped Potatoes Tossed Salad Pina Colada Cake	Chicken Cordon Bleu 7 Mixed Vegetables Asian Salad Tropical Fruit	Pork Loin Teriyaki 8 Garden Rice Vegetable Egg Roll Pineapple Rings & Cherries	Tuna Mac Salad 9 on Lettuce Sliced Tomato Fried Green Beans Blueberry Dessert
Fish Fillet 12 Baked Beans 3 Green Salad Mixed Melons	Turkey & Dressing 13 Tomatoes / Zucchini Casear Salad Fried Apples w/Ice Cream	Sliced Roast Beef 14 Potatoes & Carrots Mixed Salad Fresh Fruit Cup	Ranch Chicken 15 Seasoned Broccoli Florets Chow Mein Noodle Salad Golden Pineapple Delight	<i>Birthday Day</i> 16 Oven Fried Chicken Corn Casserole Layered Salad  Dinner Roll Banana Spice Ice Box Cake
Rib Pattie 19 Steak Fries Vegetables w/Dip Seven Fruit Deluxe	Country Fried Pork 20 Cutlet Mashed Potatoes w/Gravy Green Peas Banana Split Pudding	Meat Loaf 21 Creamy Mashed Potatoes Steamed Vegetables Strawberry-Pear Gelatin	Chicken Lasagna 22 California Blend Vegetables Combination Salad Vanilla Fruit	Cod Fish Nuggets 23 Texas Potatoes Vinegar & Oil Slaw Brown Sugar Cinnamon Peaches
Breaded Pork Chop 26 Parslied Potatoes Peas & Carrots Pineapple Upside Down Cake	Loaded Philly Beef 27 Sandwich Tater Tots Tossed Salad Apricot Bars	Ham & Beans 28 Cooked Cabbage Onion & Sliced Tomatoes Corn Muffin Cran-apple Dessert	Sub Sandwich 29 Lettuce/Tomato Sweet Potato Fries Sliced Cucumbers	Baked Ham 30 Au gratin Potatoes Italian Green Beans Tapioca Pudding & Fresh Fruit

SENIORS AGE 60 AND OVER ARE WELCOME. JOIN US FOR GOOD ROASTED CARAMEL PEARS FOR FOOD AND FRIENDLY COMPANY!

-11- ALL CONTRIBUTIONS ARE APPRECIATED. PLEASE GIVE WHAT YOU CAN AFFORD. -12-