




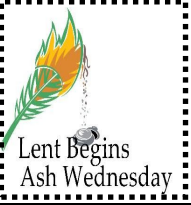




RESERVATIONS NECESSARY IN ADVANCE
AND CANCELLATIONS ARE ESSENTIAL!
PHONE: 997-9019

Marion Senior Citizens Center

DAILY MENUS

MARCH 2019

SUGGESTED DONATION: \$3.50
Diabetic & Cholesterol Avail. w/prior Notice
SERVING - 11:15am to 12:00pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Margarine & wheat bread offered when other breads are not specified. Tea, coffee, water & milk offered daily.</p>	 		 	<p>Baked Fish 1 Oven Fried Potatoes Steamed California Blend Blueberry Sour Cream Pie</p>
<p>Bar-B-Que Rib Patty 4 Baked Sweet Potato Harvest Beets Peach Crisp</p>	<p>Chicken & Dumplings 5 Italian Green Beans Carrot-Raisin Salad Fruit Cocktail Cake</p> 	<p>French Dip w/ Au jus 6 Tatar Tots Mediterranean Salad Quartered Fruit</p> <p style="text-align: center;">+</p>	<p>Meat Loaf 7 Loaded Potato Bake Garden Salad Cherry Crunch</p>	<p>Fish Nuggets 8 Baked Beans Crunchy Cole Slaw Strawberry Poke Cake</p>
<p>Spaghetti w/ Meat Sauce 11 Green Peas Cranberry Romaine Salad Garlic Bread Oatmeal Raisin Bar</p>	<p>Open Face Turkey 12 Mashed Potatoes All Season Salad Sliced Pears & Cherries</p>	<p>Beef & Noodles 13 Oven Roasted Green Beans Tomato Salad Pineapple Gelatin Dessert</p>	<p>Chicken Al' King 14 over Toast Seasoned Broccoli Lettuce Salad Festive Cranberry Dessert</p>	<p>Birthday Day/St. Patrick's Day 15 Corn Beef Seasoned Cabbage Tender Boiled Potatoes Corn Bread Pistachio Pudding Cake</p> 
<p>Sweet & Sour Chicken 18 Garden Rice Stir Fry Veggies Pumpkin Pie w/ whip topping</p>	<p>Mushroom Burger 19 Potato Wedges Oil & Vinegar Cole Slaw Pan Cookies w/ Fresh Fruit</p>	<p>Baked Pork Chop 20 Pinto Beans Cauliflower & Pimento's Mandarin Orange Dessert</p> 	<p>Ham Steak 21 Au gratin Potatoes Seasoned Green Beans Coconut Cream Pie</p>	<p>Fish Fillet 22 Macaroni Salad Stewed Tomatoes Blonde Brownie w/ Apple Sauce</p>
<p>Cream of Potato-Bacon 25 Soup w/ Assorted Crackers Ham Sandwich 3-Green Salad Mixed Fruit</p>	<p>Country Fried Steak 26 Whipped Potatoes w/gravy Western Salad Biscuit Grape Delight</p>	<p>Sliced Roast Beef 27 w/gravy Broccoli & Cheese-Rice Casserole Glazed Carrots Oreo Chocolate Banana Pudding</p>	<p>Chicken Cordon Blue 28 Cheesy Hash Browns Caesar Salad Raspberry-Peach Delight</p>	<p>Baked Cod Fish 29 Potato Salad Shellie Green Beans Tropical Fruit</p>

SENIORS AGE 60 AND OVER ARE WELCOME. JOIN US FOR GOOD FOOD AND FRIENDLY COMPANY!

-11- ALL CONTRIBUTIONS ARE APPRECIATED. PLEASE GIVE WHAT YOU CAN AFFORD. -12-