

RESERVATIONS NECESSARY IN ADVANCE
AND CANCELLATIONS ARE ESSENTIAL!

Marion Senior Citizens Center

DAILY MENUS



SUGGESTED DONATION: \$3.50

Diabetic & Cholesterol Avail. w/prior Notice

PHONE: 997-9019

January 2019

SERVING - 11:15am to 12:00pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Loaded Philly Beef Sandwich 2 Tater Tots Broccoli & Cauliflower Magic Cookie Bar Fruit	3 Chicken & Dressing Casserole Peas & Carrots Caser Salad Fried Apples & Ice Cream	4 Fish Sandwich Texas Potatoes Vinegar & Oil Slaw Strawberry Shortcake
7 Sliced Roast Beef w/gravy Italian Green Beans Romaine Salad Fruit Cup	8 Seasoned Pork Scalloped Potatoes Tossed Salad Pina Colada Cake	9 Chicken & Dumplings Mixed Vegetables Asian Salad Tropical Fruit	10 Sloppy Joe Potato Wedges Creamy Cole Slaw Mixed Berry Pie	11 Baked Ham Calico Beans Spinach Salad Peach Cake
14 Country Fried Steak Mashed Potatoes w/gravy Green Peas Banana Split Pudding	15 Ham & Beans Cooked Cabbage Corn Muffin Sliced Onions Cran-Apple Dessert	16 Turkey Pot Roast Potatoes & Carrots Mixed Salad Ultimate Fruit Parfait Cup	17 Mostaccioli Seasoned Green Beans Greek Salad Roasted Carmel Pears	18 <i>Birthday Day</i> Bar-B-Que Ribs Corn Casserole Layered Salad / Roll Sugar & Spice Carrot Cake
21 Italian Beef Steak Fries Veggies w/dip Pistachio Ambrosia	22 Baked Chicken w/ Alfredo Noodles Buttered Carrots Spring Green Salad Cherry Crisp	23 Meat Loaf Creamy Mashed Potatoes Steamed Squash Strawberry & Pear Gelatin	24 Beef Brisket California Blend Veggies Combination Salad Vanilla Fruit	25 Fish Fillet Macaroni & Tomatoes Broccoli Salad Pineapple Upside Down Cake
28 Ranch Chicken Baked Potato Peas & Carrots Triple Berries & Cream	29 Turkey Breast w/gravy Broccoli Square Green Bean Casserole Peach Cobbler	30 Meatball Sub Asian Veggies Oil & Vinegar Cole Slaw Pineapple Pudding	31 Creamy Beef Tortellini Soup Tossed Salad Crackers Plum Cake w/ Vanilla Sauce	<div style="border: 1px solid black; padding: 5px;"> Margarine & wheat bread offered when other breads are not specified. Tea, coffee, water & milk offered daily. </div>

SENIORS AGE 60 AND OVER ARE WELCOME. JOIN US FOR GOOD FOOD AND FRIENDLY COMPANY!

-11- ALL CONTRIBUTIONS ARE APPRECIATED. PLEASE GIVE WHAT YOU CAN AFFORD. -12-