




RESERVATIONS NECESSARY IN ADVANCE
AND CANCELLATIONS ARE ESSENTIAL!
PHONE: 997-9019

Marion Senior Citizens Center

DAILY MENUS
NOVEMBER 2018

SUGGESTED DONATION: \$3.50
Diabetic & Cholesterol Avail. w/prior Notice
SERVING - 11:15am to 12:00pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Margarine & wheat bread offered when other breads are not specified. Tea, coffee, water & milk			Breaded Pork Chop 1 Sweet Potatoes 3-Bean Salad Oatmeal-Raisin Bar	Chili 2 Celery Sticks Peanut Butter w/ Crackers Double Berry Crisp
Chicken Strips 5 Twice Baked Potato Greek Salad Cherry Crisp	Breakfast Casserole 6 Sausage Links Hash Brown Biscuit & Gravy Spiced Pumpkin Muffin w/ Fruit	Chicken & Dumplings 7 Broccoli Florets Kidney Bean Salad Scalloped Apples	Beef Stroganoff 8 Italian Green Beans Garden Salad Mixed Fruit Cup	Salmon Pattie 9 Large Butter Beans All Season Salad Pineapple-Cherry Cream Freeze
 12	Chicken Parmesan 13 Green Bean Casserole Anti-Pasta Salad Fluffy Pistachio Dessert	Salisbury Steak 14 Black-Eyed Peas Straw.-Spinach Salad Fruited Jell-O	Pulled Pork Sandwich 15 Crispura Fries Vinegar & Oil Slaw Angel Food Cake Delight	<i>Birthday Day - Thanksgiving</i> 16 Turkey & Dressing Candied Yams Sliced Cranberry Sauce Dinner Roll Pumpkin Pie w/ Topping
Chicken Fillet 19 Sweet Potato Wedges Marinated Veggie Salad Roasted Cran-Maple Pears	Ham & Beans 20 Mixed Greens Pickled Beets Corn Bread Sliced Peaches	Baked Fish 21 Cheddar Potatoes Glazed Carrots Autumn Apple Dessert	22	23
				
Chicken Fried Steak 26 Mashed Potatoes w/ Gravy Thunder-Lightning Butter Toffee Cookie w/ Fruit	Italian Beef 27 Tatar Tots Garden Salad Mystery Fruit Dessert	Bar-B-Que Pork Steak 28 Cauliflower & Broccoli Carrot-Raisin Salad Fruits of Forest Pie	Oven Fried Chicken 29 Au gratin Potatoes Peas & Pearl Onions Apricot, Raisin & Pecans	Lasagna 30 Steamed Veggies Tossed Salad Apple Sauce w/ Cookie

SENIORS AGE 60 AND OVER ARE WELCOME. JOIN US FOR GOOD FOOD AND FRIENDLY COMPANY!