




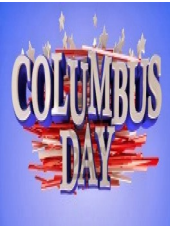
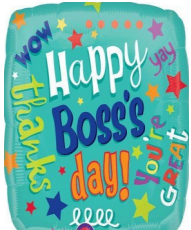

RESERVATIONS NECESSARY IN ADVANCE  
AND CANCELLATIONS ARE ESSENTIAL!  
PHONE: 997-9019

*Marion Senior Citizens Center*

DAILY MENUS

**OCTOBER 2018**

SUGGESTED DONATION: \$3.50  
*Diabetic & Cholesterol Avail. w/prior Notice*  
SERVING - 11:15am to 12:00pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Swiss Steak 1 Scalloped Potatoes Steamed Squash Baked Apple	Chicken Pot Pie 2 Mixed Salad Cherry Jubilee	Vegetable Beef Soup 3 w/ crackers Combo Salad Rocky Road Brownie w/ Fruit	Mostaccioli 4 Seasoned Green Beans Greek Salad Roasted Carmel Pears	Fish Sandwich 5 Texas Potatoes Vinegar & Oil Slaw Fruit Cocktail Cake
Beef & Noodles 8 Broccoli & Cauliflower Salad Tangy Fruit 	Breaded Pork Chop 9 Sweet Potato Casserole Garden Salad Mixed Fruit & Cream	Chicken & Dumplings 10 Mixed Vegetables Asian Salad Cherry-Pineapple Crunch	Sloppy Joe 11 French Fries Creamy Cole Slaw Chocolate Dream Des- sert & Fruit	Baked Ham 12 Calico Beans Spinach Salad Banana Pudding Ice Box Pie
Roast Beef 15 Mashed Potatoes w/Gravy Buttered Carrots Pineapple Sunshine Cake	Ham & Beans 16 Cooked Cabbage  Corn Muffin Taffy Apple Dessert	Turkey Pot Roast 17 Potatoes & Carrots Sliced Tomatoes Fruit Cup	Chicken & Dressing 18 Casserole Italian Green Beans Caesar Salad Apricot Bar	<i>Birthday Day</i> 19 Pork Loin w/ Gravy Garlic Potatoes Layered Salad Dinner Roll Peach Cobbler w/ Ice Cream
Italian Beef 22 Sweet Potato Wedges Veggies w/ Dip Banana-Chocolate Pudding	Smoked Sausage 23 Macaroni & Tomatoes Green Salad Apple Crisp	Meat Loaf 24 Creamy Mashed Potatoes Tossed Salad Strawberry-Pear Gelatin	Sliced Turkey 25 Peas & Carrots Golden Glow Salad Fruit Pastry	Rib Patty 26 Baked Potato Broccoli Mixed Fruit
Ranch Chicken 29 Parslied Potatoes 3-Green Salad Ambrosia	Cabbage Roll 30 Corn Casserole Copper Penny Salad Fruit Parfait	<i>Gruesome Menu</i> 31 Creamy Green Monster Mash Sliced Pig Belly in a Casket Red Rotten Chunks Jack-O Lantern Square Long Yellow Maggots 	 	

SENIORS AGE 60 AND OVER ARE WELCOME. JOIN US FOR GOOD FOOD AND FRIENDLY COMPANY!

-11- ALL CONTRIBUTIONS ARE APPRECIATED. PLEASE GIVE WHAT YOU CAN AFFORD. -12-