


RESERVATIONS NECESSARY IN ADVANCE
AND CANCELLATIONS ARE ESSENTIAL!
PHONE: 997-9019

Marion Senior Citizens Center

DAILY MENUS

February 2018

SUGGESTED DONATION: \$3.50
Diabetic & Cholesterol Avail. w/prior Notice
SERVING - 11:15am to 12:00pm

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|
|  |  |  |  |  |
| Maple Glazed Chicken Wings 5 Cauliflower & Pimentos Carrot-Raisin Salad Chocolate-Banana Pudding | Breaded Pork Chops w/Gravy 6 Vegetable Brown Rice Strawberry Spinach Salad Pumpkin Cake | Bar-B-Que Beef Brisket 7 Baked Potato Waxed Bean-Tomato Salad Fuji Apples | Turkey & Swiss on Croissant 8 Vegetable Soup Lettuce, Tomato & Pickle Spear Cherry Crunch | Fried Catfish 9 Green Beans All Season Salad Fruit Cocktail |
| Smothered Italian Chicken Breast 12  Peas & Carrots Stewed Tomatoes Apple Brown Betty | Beef Stew 13 Spinach Salad Corn Muffin Cranberry-Pineapple Dessert  | Pepper Steak/over Egg Noodles 14  Baby Carrots Garden Salad Strawberry-Pecan Cake  | Hotdog w/Kraut 15 Oven Fried Potatoes 3-Green Salad Cornbread Fruited Strawberry Jell-O | Birthday Day 16 Bar-B-Que Chicken Cheesy Potatoes Romaine Salad Dinner Roll Peach Cobbler w/Ice Cream  |
| Chicken & Dumplings 19  Italian Green Beans Western Salad 3-Fruit Cobbler | Roast Beef w/Gravy 20 Fresh Baked Sweet Potato Kidney Bean Salad Fruit Cup | Rigatoni w/ Meat Sauce 21 Layered Salad Garlic Bread Sliced Pears & Cherries | Ham Steak 22 Green Bean Casserole Caesar Salad Pineapple Pudding | Crunchy Cod Fish 23 Texas Potatoes Cranberry-Romaine Salad Cherry Jubilee |
| Ham & Beans 26 Seasoned Mixed Greens Sliced Onion & Tomato Wedges Cornbread Seven Fruit Deluxe | Meatloaf 27 Mashed Potato w/Gravy Marinated Veggie Salad Fruit Pie | Pulled Pork Sandwich 28 Crispura Fries Creamy Cole Slaw Pudding Cake w/ Raspberry Topping |   | <div style="border: 2px solid black; padding: 10px;"> <p>Margarine & wheat bread offered when other breads are not specified. Tea, coffee, water & milk offered daily.</p> </div> |

SENIORS AGE 60 AND OVER ARE WELCOME. JOIN US FOR GOOD FOOD AND FRIENDLY COMPANY!

-11- ALL CONTRIBUTIONS ARE APPRECIATED. PLEASE GIVE WHAT YOU CAN AFFORD. -12-